
COCO GREENS

appetizers

roasted red pepper hummus 7.5

roasted red pepper / tahini / olive oil / lemon / garlic / bed of kale /cucumber / carrots / pita

sun-dried tomato pesto pinwheels 6.99

house-made red pepper hummus / pesto / sun-dried tomatoes / spinach / balsamic reduction / white tortilla wrap
*GF

faux caprese 3.99

tomato / local cucumbers / organic basil leaves / bed of spinach / balsamic reduction
*GF

house guacamole 4.99

house guacamole / local cucumbers / organic carrots
*GF

greens

coco green's house salad 8

romaine lettuce / baby spinach / onion / toasted almonds / tomato / cucumber / dried cranberries / lemon basil vinaigrette
*GF

kale & avo 8.5

massaged kale / red onion / orange / avocado / toasted pecans / lemon basil vinaigrette

the popeye 8

baby spinach / slivered almonds / sliced red onion / dried cranberries / sesame seed vinaigrette
*GF

the forager 7.5

mixed greens / walnuts / almonds / pepitas / dried cranberries / green apple slices / maple walnut vinaigrette
*GF

the cuban 8.5

pineapple / avocado / red pepper flakes / red onion / baby spinach / lime juice
*GF

dressing options

maple walnut vinaigrette / strawberry balsamic / roasted red pepper aioli / chipotle mayo / lemon basil vinaigrette / sesame seed vinaigrette

LUNCH / DESSERTS / SOUPS

sammies & wraps

4-layer sammy 9
multigrain bread / red pepper hummus / pesto / avocado / roasted tomato / your choice of side

the skinny 9.5
white tortilla wrap / sprouts / lettuce / cucumber / bell pepper / pesto / onion / hummus / sun-dried tomato / strawberry balsamic / your choice of side

stand-out wrap 9.5
spinach wrap / house-made beet & lentil burger / red onion / romaine lettuce / tomato / chipotle mayo / your choice of side

black bean quinoa burger 8.5
wheat bun / house-made black bean & quinoa burger / avocado / roasted red pepper aioli / lettuce / tomato / onion / your choice of side

“tastes like chicken” salad sammy 9.5
tofu “chicken” salad / lettuce / tomato multigrain bread / your choice of side

breakfast wrap 7.5
white tortilla wrap / peanut butter / organic flax granola / banana / spiced apples / maple syrup / your choice of side

mushroom veggie burger 9.5
wheat bun / house-made mushroom burger / lettuce / tomato / guacamole / onion / your choice of side

side options for sammies & wraps

mac n’ squash / fruit / soup / side house salad
tortilla options: spinach / chipotle / jalapeno cheddar / white

soups

cup 3.99 **bowl** 6.99

our soups are always gluten-free and are served with pita (not gluten free)

desserts

please visit our dessert cooler.

In a hurry? Order food to go or check out “grab-n-go” options in our cooler or order online next time at www.cocogreennashville.com

have a large order email us for our catering menu or to schedule your catering order: office@cocogreennashville.com

ENTREES

hot entrees

quinoa stir-fry **8.5**
mushroom / bell pepper / broccoli /
napa cabbage / red onion / sesame /
house-made hoisin sauce / bed of quinoa
*GF

mac n' squash **8**
gluten-free rice pasta / creamy squash sauce /
bed of spinach / vegan "parmesan"
*GF

spicy coconut curry **10**
onion / broccoli / napa cabbage /
carrot / quinoa / spicy coconut curry sauce / chickpeas
*GF

chow mein **11**
roasted spaghetti squash / onion / napa cabbage /
mushroom / bell pepper / broccoli / house-made
sweet & spicy chow mein sauce
*GF

mushroom alfredo **9.5**
mushrooms / bell pepper / onion /
vegan alfredo sauce / basil leaves /
vegan "parmesan" / gluten-free rice pasta
*GF

*add pita **1.5**

raw entrees

ginger-cashew-lime-carrot noodles **9.5**
spiralized carrot noodles / cilantro /
ginger-cashew-lime sauce / raw cashews
bed of spinach
*GF

raw stir fry **9.5**
finely chopped carrots / cauliflower /
mushrooms/ broccoli / cashews/ sweet
sun-dried tomato sauce / topped with
sprouts
*GF

mermaid's dinner **10.5**
kelp noodles / vegan "parmesan" /
pesto / kale / broccoli / lemon
*GF

zucchini pasta **9.5**
zucchini noodles / tomato marinara / bed of
spinach / vegan "parmesan"
*GF

JUICES / SMOOTHIES / SHOTS

cold-pressed juices

our cold pressed juices are pressed daily / unpasteurized / no additives / no sugar added / no preservatives / made with love

12 oz 7

16oz 8

please check our juice & kombucha cooler

for our daily selection!

shots & tonics

ginger/lemon/turmeric 2.99/each

check our juice & kombucha cooler for availability!

superfood add-ins

add any supplement or superfood to a juice or smoothie for \$.99

maca or lucuma / chlorella / spirulina / protein powder / probiotic blend / cacao powder / MSM powder / almond butter / cayenne pepper / cinnamon / hemp hearts / chia seeds / agave

You can also build your own juice or smoothie!

in-house juices

12oz / 7 | 16oz/8 | 20oz/9

autumn zest: red apple/lime/pineapple/peaches

mint to be: pineapple/mint/lime/coconut water

greenie: spinach/kale/celery/cucumber/lime

red dancer: beet/tomato/strawberry/cayenne pepper

morning glow: zucchini/red apple/pineapple

summer lovin': red apple/strawberry/lime/mint

got my eye on you: carrot/celery/lemon

hydrate: orange/lettuce/cucumber/green apple

in-house smoothies

the pink lady: strawberry/oats/banana/coconut milk

b-prepared: almond milk/blackberry/banana/dates

chipper elixir: orange/mango/pineapple/carrot

classic goddess: hemp milk/spinach/banana/dates/flax seed

coco choco: almond milk/cocoa powder/banana granola/peanut butter

flavor journey: green apple/celery/lettuce/banana/spinach

oractastic: raspberry/carrot/mango/coconut milk

out of the blue: almond milk/blueberries/banana/almond butter

spring break: pineapple/avocado/cilantro/lime

the weight is over: green apple/lemon/spinach/avocado/peaches

blushing apple: hemp milk/strawberries/cucumber/red apple/raspberries/chia seeds